

japanese

01 天ぷらきよし Tenpura Kiyoshi ★
Tenpura restaurant *run by family
Tenpura set menu 850yen~ for lunch
12:00-14:30, 17:00-21:00(tue-sun)

02/11 松屋 Matsuya ♥★
Gyudon(Beef bowl) many kind dishes
Beef bowl 280yen(M), 24hrs open

03 かもん&あつこ kamon&Akko
Okonomiyaki/Monjayaki 840yen~
17:00-23:00(mon-sat)16:00-22:00(sun)

04 名代 宇奈と Unatoto ♥
Cheap Unagi(Eel) restaurant
500yen~ for Unadon 11:00-23:00

05 かつや Katsuya ♥
Cheap pork cutlet restaurant
Katsudon 490yen~ 7:00-25:30

06 味治 みはる Miharu
Traditional Unagi restaurant+izakaya
1000yen~Lunch, Izakaya at night
12:00-14:00, 17:00-21:00(mon-sat)

07 玄品ぶぐ Genpin Fugu
Fugu (puffer fish) Restaurant
3980yen~course menu 17:00-23:30

08 吉野屋 Yoshinoya Beef bowl chain
Beef bowl 380yen~, 24hrs open ♥★

09 てんや Tenya ♥
Tendon(Tempura bowl) 500yen~
11:00-L.O. 22:40

10 手しおぼはん玄 Gen ★
Variety of Japanese dish set meal
Around 900-1000yen for Teishoku
11:00-15:30, 17:00-24:00(weekday)

ramen noodle

There are so many Ramen restaurants in Nakano. You can find more places have a tasty Ramen everywhere on the street!

01 野方ホープ Nokata Hope
Tonkotsu base+chiken+vege soup
Soy sause Ramen750yen` 11:00-3:30

02 味噌一 Misoichi
Special miso & spices original soup
720yen~ for Ramen 11:00-5:00

03 青葉 あおば Aoba
Invent a new soup by mix Tokyo and
Kyushu Ramen Simple Ramen730yen~
10:30-21:00 (close if ramen sold out)

04 上海麵館 Shanghai Menkan
Pork Ramen850yen, ChikenTukemen
11:00-23:00-21:00(sat)-16:00(sun)

05 福しん Fukushin ♥
Cheap ramen and variety set menu
390yen~ for Ramen 11:00-2:00

06 北国 Kitaguni *run by family
Ramen 510yen~ Variety set menus
like Fried Vege, Gyoza etc.11:30-22:00

07 花の華 Hanano Hana
Ordinary ramen and Gyoza restaurant
550yen~ for Ramen 10:30-4:00

noodle

Udon is thick wheat-flour noodle and Soba is buckwheat noodle.

01 やきそば処小出屋 Yakisoba Koideya
Yakisoba(Japanese fried noodle)
370yen(s)~ Take out only 11:00-23:00

02 はなまるうどん Hanamaru Udon♥
Sanuki udon noodle (Shikoku style) ②
Noodles from 130yen~ 7:30-24:00

03/06 さらしな蕎麦 Sarashina soba
Authentic Japanese soba noodles
780yen~ for soba 11:00-21:30

04 松屋 Matsuya *run by family
Soba noodle from 470yen~ lot of menu
11:00-14:00 17:00-22:00 (weekday)

05 田舎そばかさい Inaka soba Kasai♥
Standing soba, Chose soba or Udon
300yen ask toppings from 80 yen
7:00-22:00 (mon-fri) -19:00(sat)

sushi

01 すしざんまい Sushizanmai
Nigiri105yen~,Chirashi Don1600yen~
Sushi set 2200yen~ 24hours open

02 海鮮三崎港 Misakiko
KAITEN (Conveyor belt) Sushi
two nigiris on a plate from 110yen
11:00-23:00 (22:30 LO)

YADO★MAP中野

fast food

01 Freshness Burger
Japanese Burger shop, Burgers 350yen~
Veggie burger,Hot dogs 8:00-23:00

03 Subway Sandwich300yen~ 8:00-21:00

04/12 モスバーガー Mos Burger
Japanese Burger shop has Rice burgers
Mos burger 320yen 9:00-23:00

05/10 McDonalds 24hrs open

06 コロツケ西郷亭 Korokke Saigou Tei
Croquette 120yen~ Bento boxes
10:00-21:00,-20:00(sat,sun)

07 健康食卓 わしや Washiya
Try many Japanese dishes selling by
weight` Bento box 500yen`
9:30-22:00, 9:30-21:00(weekends)

08 銀だこ Gindako Takoyaki
(octopus ball) 550yen 10:00-23:00

09 ケンタッキー KFC 7:00-23:00

11 たこまる Takomaru (Takoyaki) ♥
Octopus ball 4 balls 290yen~
11:00-23:00 closed on Tue

13 ISLET (Best burger in Nakano)
Home made Sasebo Burger 690yen~
11:30-20:00(till sold out)(closed mon)

others

01 カリー専門店 YAMI YAMI Curry ★
Mixed Thai+Japanese Curry 730 yen~
Chose how much spicy, coriander
11:30-15:00, 15:30-24:00

02 タイ屋台 999 Thai Food 999
Lunch 850yen~Khao man gai 950yen
11:30-14:00 17:30-25:00 closed mon

03 BIA HOI CHOP Vietnamese Food
Lunch set 850yen~ Draft beer 500yen~
11:30-14:30,17:30-23:00closed Tue

04 海神 Unjami Okinawa food
Okinawa restaurant Izakaya style
Beer 580 yen~ Food 580yen~
17:00-0:50 ~2:50(weekend) close mon

05 ハヤシ屋中野軒 Nakanos
Hayashi Rice (Hashed Beef) 550yen~
Napolitan 720yen~11:30-22:00L.O

06 焼肉とらじ Yakiniku Toraji ★
Yakiniku Restaurant (Korean BBQ)
Lunch set 670 yen~(11:30-15:00)
11:30-04:00 12:00-03:00(weekends)

07 大戸屋 Otoya ★②
Japanese set meal chain English menu
Around 700-900yen for Teishoku
11:00-22:30, 10:00-23:00(weekend)

08 よろずや CAFE Yorozuya cafe ★
Omu rice(Omelette&Rice) 880yen~②
12:00-14:30, 18:00-20:00 closed mon

09 ガンジーパーレス Gundhi Palace ★
Indian food, All-you-can-eat Lunch
1100yen 11:30-15:30, 17:00-22:30

10 丸井 OIOI 5f Restaurant floor ★
☆Tenpura, Sushi, Tonkatsu, Soba,
Italian, Chinese, Around 1000yen~
11:00-23:00, Cafe on 2F (-22:00)

11 カルタゴ Carthago Arab, Turkish
& Tunisian Halal restaurant
1900yen for Couscous plate
18:00-22:00 LO (closed on wed)

cafe

01/05 ペローチェ CAFE VELOCE ♥
Cheap café Chain Coffee 200yen~
7:00-23:00(01) 7:00-22:00(05)

02 くない茶房 Kurenai Sabou ②
Drink 600yen~ Green tea serve by iron
kettle) 12:00-20:00 (closed mon)

03 ムトー Coffe Muto Self roast Hand
drip coffe 500yen, Cake set 900yen
11:00-20:00 closed thur

04 una camera livera Art/Gallery cafe
Everyday changes cafe owner. Find
unique natural foods 12:00-20:30

06 アザミ COFFEE SHOP Azami
Café&restaurant Lunch 880yen~
Coffe 380 yen~11:00-23:00(Mon-Sat)

07 マグス Designer's Cafe/Bar Mugs
Coffe 400yen~ Beer 600yen~ Food
400yen~ 12:00-23:00 closed Tue

izakaya

Japanese style drinking place. Normally,
there is a table charge for small dish.
At first, order drink & osumami from
many kind of dishes and enjoy drinking!

01 ビール工房 Beer Koubou ★
Craft Beer, Food, All 500yen
18:00-23:00, 15:00-21:00(weekend)

03 秋吉 Akiyoshi Cheap Yakitori ♥
Negima(Chicken&Green onion)
400yen/5sticks 17:00-23:00

04 馬肉食堂さくら Horsemeat Sakura
Raw horse450yen Grilled horse150yen
Beer 400yen 18:00-23:00 closed sun

05 加賀屋 Kagaya old-fashioned Place
Hoppy(Beer taste drink)400yen
Motsumi(guts stew)450yen,Yakitori etc.
17:00-23:30(closed sun&holidays)

06/11 鳥貴族 Torikizoku ♥
Yakitori & Chicken dish and drink
are very cheap All menu 280 yen
for plates & drinks 18:00-3:30 ②

07/12 鎌倉酒店 Kamakura saketen ♥
Standing Shochu,Umeshu, Sake bar ★
Umeshu(plum wine) 380yen, Shochu
280yen 16:00-23:00 closed on sun

08 第二力酒造 Daini Chikara
Prepared fresh great selected fishes
around 1000yen~ for a plate
14:00-22:45LO(closed on sun)

09 煮込み屋ぐつつ Guttsu
Original Japanese & Western dishes
Food 380-800yen/plate, Beer 430yen
17:00-25:00 (closed on mon)

10 麦酒大学 Beer College ★②
4 ways of pouring the same beer give
4 different tastes! Draft beer 600yen
Yakitori 200yen~17:00-24:00 Mon-Sat

13 コムコム YumYum (pork dish) ♥★
Grilled Pork 150yen/stick~
Beer 380yen 17:00-0:30, -3:30(Fri,Sat)

bar

Lots of unique bars in Nakano. Jazz, pops,
wine,beer,sake, shochu,darts,karaoke, ect.
Hope you'll find favourit during you stay,
experience Japanese local life.
Lot of small bars in Showa-Shinmichi st.
Rengazaka st. and on the narrow alley.
They are welcome for single traveler.

01 坊主バー Vow's bar Owner is ②
buddhist monk cocktail 1000yen~ ②
Table charge1000yen 19:00-3:00

02 Abbot's Choice Beer&Whiskies ★
Draft beer 650yen/1 pint(happy hour)
18:00-20:00(Happy hour) 18:00-7:00

03 Jazz Dining Bar Sweet Rain ②
Listening to Jazz from 1950 to now,
Table charge 600yen Drink 600yen~
There is live day18:00-24:00(mon-sat)

04 JUKE 80's Music bar 80's pop ★
40000songs Drink&food 500yen~ ②
Happy hour 300yen~(till 20:00)
18:00-03:00(weekday) -05:00(fri,sat)

05 Italian Pizza/Wine&Bar CONA
Pizza all 500yen, Drinks 500yen~
11:30-14:30 17:00-1:30, -4:00(Fir,Sat)

06 Honky Tonk HARAHS
World Beer 630yen` Pizza 750yen~
18:30-3:00(mon-thu) -4:00(fri,sat)

07 ブリック Bar BRICK Since1951
Old whisky bar Toris High ball 200yen
Whisky +500yen17:00-24:00(mon-sat)

08 vivo daily stand Deli cafe &bar ★
Food all 400yen, Wine 500yen~
17:00-2:00, 12:00-2:00(weekend)

bakery

01 ボンジュール・ボン Bonjore bon
Maple melon pan162yen(recommend)
8:00-21:30(mon-sat), 9:00-21:00(sun)

03 サンジェルマン Saint -german
8:30-22:00(mon-sat) 8:30-21:00(sun)

karaoke

01 モコモコ Karaoke Mokomoko
30-300yen/30min(daytime is cheap)
Drink bar 460yen(drink&soft cream)

02 バンバン Karaoke Banban
12:00-19:00 210yen/hour/person
19:00-5:00 840yen, All you can drink

sweets

01 31Ice cream Baskin Robbins
ice cream 370yen~ 10:30-22:00

02/06 不二家 Fujiya
cake take out 300yen~10:00-21:00

03 梅家 Umeya Traditional sweets
Many type/Japanese sweets 400yen~
Season Lunch set 800yen 9:30-20:00

04 コージーコーナー cozy corner
cake take out 330yen~ 10:00-22:00

05 おやき処れふ亭 Refutei
Japanese pancake 120yen~9:00-21:00

07 いさわ Isawa Japanese sweets
Dango110yen take out 11:00-20:30

supermarket

Enjoy Japanese supermarket! They have
discount daily food before their closing.

01 西友 Seiyu Cheap! 10:00-23:00 ②

02 イトーヨーカドー Ito Yokado ②
*located on Basement 10:00-22:00

03 ライフ LIFE *Daily food Basement
Drink/Bento/Bakary 1F 10:00-25:00

04 ピーコックストア Peacock store②
*Basement of OIOI 9:00-23:00

05 FarmDo Chisan Marche
Fresh veges from farm 10:00-20:00

shop

01 ダイソー 100yen shop Daiso ♥
lot of 100yen goods 10:00-22:00 ⑤

02 ドンキホーテ Don quijote ⑤
Almost everything here! 10:00-5:00

03 あおい書店 Aoi book store
Biggest book shop Nakano 9:00-23:00

04 まるぜん陶器 Maruzen Pottery ⑤
Japan handmade Pottery11:00-20:00

05 ストック Stock Underclothes ⑤
Unique design Socks etc.10:30-20:30

06 万富 Tabacco & Pipe Mantomi
Various selection 10:00-22:00

07 ファットブロス FATBROS
Skateboard/fashion shop, Owner is a
famous skateboarder 11:00-21:00

08 ニクロ UNIQLO 11:00-21:00

09 フジヤカメラ Fujiya Camera
Famous second-hand camera shop
Must go if you like camera10:00-20:30

10 こみや鮮魚店 Fish shop Komiya
Great Sashimi 11:00-20:00 closed sun

11 Ticket One Discount ticket
Train ticket, Sento, book etc.

12 モコぽこ Mocopoco Hat&Cap ⑤
Many design, 1500yen~ 10:00-21:00

13 お茶の大橋 Oohashi Tea shop ⑤
Good quality green tea 10:30-19:00

14 Fruits Box 杉原 Sugihara Fruits ♥
Discount cheap fruits at night -22:00

15 鳥忠 Shimachū Home center
DIY, Daily necessities 10:00-20:00

otaku

Nakano is very famous for otaku shops
and places. You will find something if
you are fanatic liking for something,
especially, Japanese Anime or Manga.

01 ブロードウェイ Nakano Broadway
Enjoy finding something special!! ⑤

02 Anime Shop Karaoke bar Z ②
2300yeb/hour Free drink18:00-23:30

03 PSYCHO MONSTERZ SF Prop,
Replica Figure etc. ALIEN,PREDATOR
13:30-20:00(Tue-Sun)

04 虫社 Mushisyā insect shop ②
Insect goods,books 11:00-20:00

play spot

01 Darts&Bar 40's 100yen/game
Drink 600yen~ 10%charge19:00-5:00

02 ナムコ Namko Game center
100yen~ 10:00-0:45

03 Bright Brown Blues&Jazz Lounge②
Free join session(Thur charge500yen)
Music live(500-2000yen) 20:00-1:00

04 キングドーム Billiards Kingdom ②
700yen/hour 17:00-24:00 closed mon

05 C-BIC Bowling in SunPlaza ②
650yen/game10:00-1:00(5:00weekend)